

Almond BudiBar

# Nutrition Facts

Serving Size (29g)  
Servings Per Container 2

Amount Per Serving

**Calories** 140    **Calories from Fat** 90  
**% Daily Value\***

**Total Fat** 9g                      **14%**

    Saturated Fat 3g                **15%**

    Trans Fat 0g

    Polyunsaturated Fat 2g

    Monounsaturated Fat 3g

**Cholesterol** 5mg                **2%**

**Sodium** 15mg                    **1%**

**Total Carbohydrate** 12g        **4%**

    Dietary Fiber 2g                **8%**

    Sugars 8g

**Protein** 4g

Vitamin A 0%                    • Vitamin C 0%

Calcium 6%                      • Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Cacao BudiBar

# Nutrition Facts

Serving Size (29g)  
Servings Per Container 2

Amount Per Serving

**Calories** 120    **Calories from Fat** 90  
**% Daily Value\***

**Total Fat** 10g                    **15%**

    Saturated Fat 3.5g            **18%**

    Trans Fat 0g

**Cholesterol** 0mg                **0%**

**Sodium** 0mg                      **0%**

**Total Carbohydrate** 12g        **4%**

    Dietary Fiber 9g                **36%**

    Sugars 0g

**Protein** 3g

Vitamin A 0%                    • Vitamin C 0%

Calcium 2%                      • Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Almond Dark BudiBar

# Nutrition Facts

Serving Size (29g)  
Servings Per Container 2

Amount Per Serving

**Calories** 110    **Calories from Fat** 80  
**% Daily Value\***

**Total Fat** 9g                      **14%**

    Saturated Fat 2.5g            **13%**

    Trans Fat 0g

**Cholesterol** 0mg                **0%**

**Sodium** 0mg                      **0%**

**Total Carbohydrate** 14g        **5%**

    Dietary Fiber 10g              **40%**

    Sugars 2g

**Protein** 3g

Vitamin A 0%                    • Vitamin C 0%

Calcium 4%                      • Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Walnut BudiBar

# Nutrition Facts

Serving Size (29g)  
Servings Per Container 2

Amount Per Serving

**Calories** 140    **Calories from Fat** 100  
**% Daily Value\***

**Total Fat** 11g                    **17%**

    Saturated Fat 3.5g            **18%**

    Trans Fat 0g

**Cholesterol** 5mg                **2%**

**Sodium** 15mg                    **1%**

**Total Carbohydrate** 11g        **4%**

    Dietary Fiber 2g                **8%**

    Sugars 8g

**Protein** 3g

Vitamin A 0%                    • Vitamin C 0%

Calcium 6%                      • Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Walnut Dark BudiBar

# Nutrition Facts

Serving Size (29g)  
Servings Per Container 2

Amount Per Serving

**Calories** 120    **Calories from Fat** 90  
**% Daily Value\***

**Total Fat** 10g                    **15%**

    Saturated Fat 3g                **15%**

    Trans Fat 0g

**Cholesterol** 0mg                **0%**

**Sodium** 0mg                      **0%**

**Total Carbohydrate** 13g        **4%**

    Dietary Fiber 9g                **36%**

    Sugars 2g

**Protein** 2g

Vitamin A 0%                    • Vitamin C 0%

Calcium 2%                      • Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Sweetened Condensed Milk (Milk, Sugar), Almonds, Chocolate Liquor (Unsweetened Chocolate), Vegan Semi-sweet Chocolate (Cane Sugar, Unsweetened Chocolate, Cocoa Butter), Coconut, Chia Seeds, Hemp Seeds, Green Tea Extract, Rosemary Extract

**INGREDIENTS:** Chicory Root Fiber, Sunflower Seeds, Chocolate Liquor (Unsweetened Chocolate), Coconut, Chia Seeds, Hemp Seeds, Green Tea Extract, Rosemary Extract

**INGREDIENTS:** Chicory Root Fiber, Almonds, Chocolate Liquor (Unsweetened Chocolate), Vegan Semi-sweet Chocolate (Cane Sugar, Unsweetened Chocolate, Cocoa Butter), Coconut, Chia Seeds, Hemp Seeds, Green Tea Extract, Rosemary

**INGREDIENTS:** Sweetened Condensed Milk (Milk, Sugar), Walnuts, Chocolate Liquor (Unsweetened Chocolate), Vegan Semi-sweet Chocolate (Cane Sugar, Unsweetened Chocolate, Cocoa Butter), Coconut, Chia Seeds, Hemp Seeds, Green Tea Extract, Rosemary Extract

**INGREDIENTS:** Chicory Root Fiber, Walnuts, Chocolate Liquor (Unsweetened Chocolate), Vegan Semi-sweet Chocolate (Cane Sugar, Unsweetened Chocolate, Cocoa Butter), Coconut, Chia Seeds, Hemp Seeds, Green Tea Extract, Rosemary